



## Arif Hussain

**Date of birth:** 4 May 1991 | **Nationality:** Pakistani | **Phone number:**

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### ABOUT ME

Dedicated Anesthesia Technologist with over 11 years of experience providing crucial support in surgical environments and teaching Anesthesia. Proficient in the preparation and maintenance of anesthesia equipment, monitoring patient vitals, and assisting anesthesiologists during procedures. Known for meticulous attention to detail, excellent problem-solving skills, and a commitment to patient safety and comfort. Demonstrates strong knowledge of pharmacology, sterile techniques, and anesthesia protocols. Thrives in high-pressure settings, ensuring seamless operation flow and adherence to healthcare standards. Committed to continuous learning and professional development to stay current with advancements in anesthesia technology. BLS and ACLS certified. Eager to contribute expertise to a dynamic healthcare team.

### WORK EXPERIENCE

 **KHYBER MEDICAL UNIVERSITY – PESHAWAR, PAKISTAN**

**DEMONSTRATOR (ANESTHESIA TECHNOLOGY) – 15 MAY 2019 – CURRENT**

To assist with academic activities of Anesthesia specialty.

**Demonstrating techniques:** To demonstrate various anesthesia techniques, such as intubation, regional anesthesia and sedation to help students understand and practice these skills safely and effectively.

**Safety and compliance:** To teach students the importance of safety protocols and guidelines, ensuring that students understand how to maintain a safe and sterile environment and handle emergencies.

**Equipment and technology:** To familiarize students with the anesthesia equipment and technology used in modern medical practice, ensuring they can operate and troubleshoot these devices.

**Clinical Supervision:** To supervise students during clinical rotations in anesthesia to ensure that learners are following established protocols and best practices while providing anesthesia care to patients.

**Skill development:** To help learners develop and refine their skills in various anesthesia techniques, including intravenous (IV) access, airway management, drug administration, and monitoring vital signs and also teach regional and general anesthesia techniques.

**Safety and ethical guidelines:** To educate students about patient safety, ethical considerations, and informed consent in anesthesia practice. And emphasize the importance of adhering to safety protocols and minimizing risks during procedures.

**Research and scholarly activity:** Involved in research projects as a supervisory role related to anesthesia, which can contribute to the advancement of the field.

**Mentoring:** Serve as mentors to junior healthcare professionals, guiding them in their career development and helping them make informed decisions about pursuing a career in anesthesia.

 **KHYBER MEDICAL UNIVERSITY – PESHAWAR, PAKISTAN**

**VISITING LECTURER (ANESTHESIA TECHNOLOGY) – 10 OCT 2018 – 10 FEB 2019**

Same as Demonstrator Anesthesia technology.

 **KHYBER MEDICAL UNIVERSITY – PESHAWAR, PAKISTAN**

**DEMONSTRATOR (ANESTHESIA TECHNOLOGY) – 15 OCT 2017 – 10 SEP 2018**

Same as Demonstrator Anesthesia technology.

 **SINDH INSTITUTE OF UROLOGY AND TRANSPLANTATION (SIUT) – KARACHI, PAKISTAN**

**PHYSICIAN ASSISTANT/ ANESTHESIA TECHNOLOGIST – 15 FEB 2015 – OCT 2017**

•Preparing patient for anesthesia.

•Managing critically ill patient in ICU, mainly patient on mechanical ventilator.

- Providing ACLS.
- Assisting anesthetist in induction, recovery and invasive procedures.
- Maintain anesthesia equipments in working condition.
- Ensuring anesthesia supplies at OR.

 **SINDH INSTITUTE OF UROLOGY AND TRANSPLANTATION (SIUT) – KARACHI, PAKISTAN**  
**JUNIOR PHYSICIAN ASSISTANT/ ANESTHESIA TECHNOLOGIST – 15 FEB 2014 – 14 FEB 2015**

**EDUCATION AND TRAINING**

2022 – 2024 Rawalpindi, Pakistan  
**MS-HEALTH CARE MANAGEMENT (PUBLIC HEALTH MAJOR) RIPHAH INTERNATIONAL UNIVERSITY**

**Website** <https://riphah.edu.pk/> | **Field of study** Health and welfare

1 JAN 2010 – 30 DEC 2013 Karachi, Pakistan  
**BACHELORS OF SCIENCES IN ANESTHESIA & CRITICAL CARE SCIENCES** Sindh Institute of Medical Sciences (SIMS-SIUT)

**Website** <https://sims.siut.edu.pk/>

4 AUG 2007 – 5 AUG 2009 Karachi, Pakistan  
**HSSC IDEAL DEGREE COLLEGE GULSHAN IQBAL KARACHI**

**LANGUAGE SKILLS**

Mother tongue(s): **SHINA**

Other language(s):

|                | UNDERSTANDING |         | SPEAKING          |                    | WRITING |
|----------------|---------------|---------|-------------------|--------------------|---------|
|                | Listening     | Reading | Spoken production | Spoken interaction |         |
| <b>URDU</b>    | C2            | C2      | C2                | C2                 | C2      |
| <b>ENGLISH</b> | B2            | B2      | B2                | B1                 | B2      |

*Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user*

**SKILLS**

Microsoft Word | Microsoft Excel | Microsoft Office

**HOBBIES AND INTERESTS**

**Hiking**

Hiking is my favorite hobby because it combines physical exercise, mental relaxation, and a deep appreciation for nature. Each trail I explore offers new challenges and breathtaking views, from serene forests to majestic mountain peaks. Hiking helps me stay fit and clear my mind, providing a perfect escape from daily stress. Whether I'm hiking solo and enjoying quiet reflection or with friends, sharing the adventure, I always feel rejuvenated. The beauty of the outdoors and the sense of accomplishment after a good hike keep me motivated and excited for my next adventure on the trails.